

Meredith Coupland

Adult Player Rep

Evergreen Region USA Volleyball

Entering 30th year of playing volleyball

- *Started with Girls Club of America
- *Played 3 years with Midnight Sun Volleyball Club in Alaska
- *Played at Volleyball Festival 1985, 1986, and 1987 while it was still held in Davis, CA
- *Played 4 years at Whitworth College: 1987-1991
- *1990/91 All-Conference Team
- *1990/91 Whitworth Female Athlete of the Year
- *Member of several USA Volleyball Women's Teams in Spokane in the early 1990's

Currently

- *Still active in playing women's and co-ed volleyball in Spokane and in Canada – indoor and outdoor
- *Coaching all ages of USA Volleyball for 14 years
- *Coaching for the YMCA Volleyball program for 2 years
- *IMPACT Certified and CAP I
- *U13 head coach for VIP Juniors Volleyball Club
- *Adult Player Representative of the Evergreen Region since 2002

Outside of Volleyball

- *Husband Chad
- *Siberian Husky Coho
- *Besides volleyball, LOVE golf and reading
- *Work at Larry Ham & Associates Physical Therapy